

Hello, if you are self-isolating, I can help...

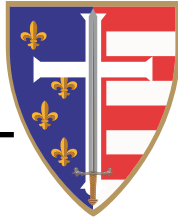
My name is.....

I live at.....

Phone.....

Email.....

THE ORDER of
ST. GEORGE



If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Urgent errands
 Collecting prescriptions A friendly phone call

Remember:

- Stay at home if you have either a high temperature or a new, continuous cough.
- Do not go to a GP surgery, pharmacy or hospital.
- Use the NHS 111 online coronavirus service (111.nhs.uk/covid-19/) to find out what to do.

The Order of St. George is a registered charity (charity number is 1137397). www.george.st

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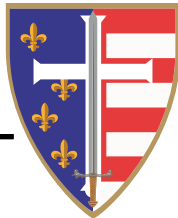
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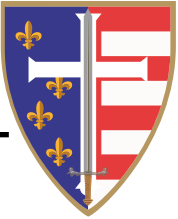
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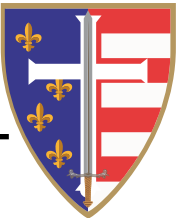
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